

**Physical Education**  
**Advanced**  
**Component 2: Psychological and Social Principles of**  
**Physical Education**

**Wednesday 5 June 2019 – Afternoon**

**Time:      2 hours, plus your additional time allowance**

**You must have:**  
**Calculator**

**See the Instructions, Information and Advice**  
**on the next page.**

<b>Candidate surname</b>					
<b>Other names</b>					
<b>Centre Number</b>					
<b>Candidate Number</b>					

## Instructions

- Use **BLACK** ink or ball-point pen.
- **FILL IN THE BOXES** on the front page with your name, centre number and candidate number.
- Answer **ALL** questions in Sections A and B.
- Answer the questions in the spaces provided – there may be more space than you need.
- Questions marked with an **ASTERISK (\*)** require candidates to use their knowledge and understanding from across the course of study in their answer.
- Calculators can be used.

## Information

- The total mark for this paper is **100**.
- The marks for **EACH** question are shown in brackets – use this as a guide as to how much time to spend on each question.

## Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

**SECTION A – Skill acquisition and sport psychology**

**Answer ALL questions. Write your answers in the spaces provided.**

- 1 Identify THREE factors that affect information processing.  
(3 marks)**

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**(Total for Question 1 = 3 marks)**

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**2 Summarise Thorndike's laws of learning. (3 marks)**

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**(Total for Question 2 = 3 marks)**

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**3 Explain what is meant by the terms fixed practice and distributed practice. Use a suitable sporting example for each form of practice. (4 marks)**

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**(Total for Question 3 = 4 marks)**

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**\*4 Sports science has now become a crucial factor in developing sporting talent.**

## Analyse how technology can be used to enhance skill acquisition and improve performance.

**Use your knowledge and understanding from across the course of study to answer this question. (15 marks)**

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**5 Define anxiety. (1 mark)**

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**(Total for Question 5 = 1 mark)**

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**6 Describe what is meant by cognitive anxiety and somatic anxiety. Your answer should include a symptom of each type of anxiety. (4 marks)**

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**(Total for Question 6 = 4 marks)**

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**7 Describe the TWO performer types given in Achievement Motivation Theory. (2 marks)**

[illegible]

**(Total for Question 7 = 2 marks)**

**8 Summarise THREE ways in which social loafing can be kept to a minimum by a coach. (3 marks)**

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**9 Discuss how the leadership styles used by a coach can affect the performances of individuals and teams. (15 marks)**

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**SECTION B – Sport and society**

**Answer ALL questions. Write your answers in the spaces provided.**

**10 Define what is meant by the Oxbridge ‘melting pot’. (1 mark)**

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**(Total for Question 10 = 1 mark)**

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**11 Outline TWO advantages and TWO disadvantages of franchising in sport. (4 marks)**

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**(Total for Question 11 = 4 marks)**

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12 Examine the viewpoint that the nation’s population is becoming increasingly unhealthy. (8 marks)

Use the information in Table 1 to support your answer.

Table 1

Factor	Year		
Coronary Heart Disease (CHD) % adults	2006	2011	2016
	5.2%	4.6%	3.0%
Obesity % population	1993	2006	2016
	15.0%	23.99%	26.2%
Diabetes I / II % population	1994	2012	2016
	4.8%	4.6%	5.6%

(British Heart Foundation; House of Commons Briefing paper 2018; Diabetes UK)

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**13 Describe FOUR roles of a national governing body of sport. (4 marks)**

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**(Total for Question 13 = 4 marks)**

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**14 Describe THREE ways in which the increase in television coverage of sport has benefitted the sports supporter. (3 marks)**

[illegible]

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**(Total for Question 14 = 3 marks)**

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**\*15 Discuss the view that athletes with disabilities now enjoy equality in sport.**

**Use your knowledge and understanding from across the course of study to answer this question. (15 marks)**

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**16 Evaluate the impact that commercialisation has made on global sport. (15 marks)**

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